

NW Iowa Dyslexia Support Group Winter/Spring 2026 Meetings

7:00 pm Sioux Center Public Library

Our meetings occur on the **3rd Thursday** of every month unless noted.

January 15, 2026	7:00PM	Executive Function with Jessica Kite
		Join us to learn more about executive function—what it is, how it affects student learning, and how it can make things challenging at home, too. Our guest speaker, Jessica Kite, a Consultant for Educational Services with the Central Rivers AEA, will be joining us remotely to share practical techniques to foster self-regulation, goal-setting, and time management skills in our students and children. Executive dysfunction can affect anyone, but it can be particularly difficult for individuals with dyslexia and ADHD. Educators, parents, caregivers, and anyone interested in learning more about dyslexia is welcome to attend.
February 19, 2026	7:00 PM	How to Write and Understand IEP Goals with Bambi Boggs
		Join us for an informative evening listening to our guest speaker, Bambi Boggs, Dyslexia Specialist at Des Moines Christian School and former PK-12 Dyslexia Specialist for the Ottumwa Community School District. She will be joining us remotely to share how educators can write SMART IEP goals that also utilize the RIOT and ICEL matrixes, as well as how parents can understand and evaluate their child's IEP goals. Educators, parents, caregivers, and anyone interested in learning more about dyslexia is welcome to attend.
March 12, 2026	7:00 PM	Dyslexia 101 and Dyslexia Simulation--note the date!
		Join us for a broad overview of dyslexia that will be useful for parents and educators at all grade levels. We will discuss what dyslexia is and what it is NOT, as well as how dyslexia impacts students in the classroom. Attendees will be able to participate in a simulation designed to help people gain a better understanding of and empathy for those children and adults who struggle with dyslexia. Parents, teachers, and other relatives or caregivers of dyslexics are all encouraged to attend for this very eye-opening simulation—especially if they are not dyslexic themselves—to get a sense of the challenges dyslexics face, particularly in the school setting. Struggles aren't limited to learning to read and some of the most persistent struggles may surprise you. Educators, parents, caregivers, and anyone interested in learning more about dyslexia is welcome to attend.
April 16, 2026	7:00 PM	Accommodations In Every Class with Nina Lorimor-Easley
		Join us to learn how to support students with language-based learning disabilities, like dyslexia, in every class, every day from our guest speaker, Nina-Lorimor Easley, owner of Bridges Educational Consulting. It is common to first think about accommodations for just language arts or English classes, but effective accommodations extend beyond these classes. Dyslexic students and students with other learning disabilities bring their challenges with them to every class, including music, art, and PE. Appropriate use of accommodations throughout the school day helps ensure these students have access to learning and helps with both academic and social success. Educators, parents, caregivers, and anyone interested in learning more about dyslexia is welcome to attend.